



February 28, 2025

Dear Parent/Guardian:

RE: Course Components Notice and Exemption Information
Physical Education and Wellness – Grade 5

This letter is to inform you that your grade 5 child is in a class "where courses of study, educational programs or instructional materials, or instruction or exercises...include subject matter that deals **primarily and explicitly** with... **human sexuality**" (*Education Act*, Section 58.1).

The **Grade 5 Alberta Education Physical Education and Wellness** curriculum aims to help students make well informed, healthy choices and build skills that will support the wellbeing of self, others and the community. Sexuality education is a mandatory part of this curriculum and is contained in the following grade 5 Physical Education and Wellness learning outcome:

- ***Students connect puberty to the capacity for human reproduction.***

To learn more about this outcome, go to:

<https://curriculum.learnalberta.ca/curriculum/en/c/pde5>

It is expected that your child's class will start learning about this topic on or after **March 31, 2025**

As a parent or guardian, you may choose for your child not to participate in sexuality education, either fully or partially, without your child being penalized (*Education Act*, Section 58.1(2)). If you choose to exempt your child, you may have your child:

- a | leave the classroom or place where the instruction is taking place or where the instructional material is being used for the duration of that part of the instruction; or
- b | remain in the classroom or place where the instruction is taking place without taking part in the instruction or use of the instructional material

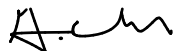
If you wish to exempt your child from sexuality education in its entirety, you must either fill out the attached form and return it to the school or request an exemption in writing by **March 17, 2025**

If you wish to exempt your child only from part of sexuality education (e.g. a specific topic) or would like more information, contact your child's Physical Education teacher via email.

If your child's teacher does not receive this notice before **March 17, 2025**, your child will be included in the instruction.

If you wish your child receive this education, you do not have to do anything. They will be included in the class.

Sincerely



Gayleena Clark
Principal, Simon Fraser School
t | 403-777-7290
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Education Act Section 58.1 | Student Exemption

Physical Education and Wellness Grade 5

Fill out this form only if you wish your child to be exempted from sexuality education in its entirety.

I have received notification that my child is in a Grade 5 Physical Education and Wellness class that includes subject matter that deals primarily and explicitly with human sexuality. I hereby request, in accordance with section 58.1(2) of the *Education Act*, that my child be *exempt* from the instruction, the exercise, or the use of instructional material identified in the notice.

I request that my child: (*check relevant box*)

- ☐ a | Leave the classroom or place where the instruction is taking place or where the instructional material is being used for the duration of that part of the instruction.

OR

- ☐ b | Remain in the classroom or place where the instruction is taking place without taking part in the instruction or use of the instructional material.

I confirm that I am the legal guardian of the student named below and have chosen to exercise my right to have my child exempted from the sexuality instruction described in the parent/guardian notice attached. I also confirm that it is my obligation to ensure that this form is returned to the teacher on or before **[school to insert the date]** as indicated in the notice.

Parent/Legal Guardian Signature

Date

Print Parent/Legal Guardian Name

Print Student Name

All personal information contained herein is collected by The Calgary Board of Education to fulfill the purpose set out above, is done so pursuant to section 33(c) of the Freedom of Information and Protection of Privacy Act (Alberta) (FOIP Act), and is used under the authority of section 39(1)(a) of the FOIP Act.