



## **Effective Parenting Course**

## The Community Parent Education Program (CPEP) Free On-line Parenting Class

Registration from November 15th, 2021 to January 18th, 2022

All class participants must register for the course prior to attending.

Class size is limited so register now for this FREE parenting course.

Number:	Date:	Parent Group Topic:
#1	Jan. 11, 2022 6:30 pm - 7:30 pm	Information Night.  Meet the leaders and find out more about the program.
#2	Jan. 18, 2022 6:30 pm - 8:30 pm	Relationship Building
#3	Jan. 25, 2022 6:30 pm - 8:30 pm	Planned Ignoring
#4	Feb, 1, 2022 6:30 pm - 8:30 pm	Transitional Warnings and When-Then Strategies
#5	Feb. 8, 2022 6:30 pm - 8:30 pm	Planning Ahead
#6	Feb. 15, 2022 6:30 pm - 8:30 pm	Motivation Systems
#7	Feb. 22, 2022 6:30 pm - 8:30 pm	Effective Consequences
#8	Mar. 1, 2022 6:30 pm - 8:30 pm	Problem Solving and End of Course Wrap Up

For more information or to register call the

**CPEP Course Registration Line at: 403-251-8018** 

Or email: adahl@hullservices.ca