



Simon Fraser

School Digital Citizenship Plan 2025-2026

Relevant contextual information about your school and School Development Plan:

- Grades 5 to 9 community with ~665 students, representing a diverse range of cultures, languages, and learning needs
- Literacy/Numeracy Goal: Student achievement in Reading and “Number” will improve through intentional instructional design and assessment.
- Well-being SDP Goal: Students’ sense of belonging will improve
- TRC & Inclusion Goal: We will increase our foundational understanding of Indigenous people’s relationship to the land and deepen our understanding of the collective rights and responsibilities of treaties and being a treaty person
- Many students have cellphones, and we strictly enforce the Student Personal Mobile Device (POD) policy

Relevant evidence and data that informs your Digital Citizenship Plan:

- CBE Student Survey indicates many students (52%) struggle to maintain a healthy balance with screen time.
- Students generally agree that they treat people with the same respect online as they would face-to-face (81%), but there is room for further growth
- Strategies for handling conflicts or managing relationship challenges require further growth with the CBE survey indicating 20% of students do not ask for help when needed and 31% cannot identify a strategy to address relationships when they are no longer positive

School Digital Citizenship Plan						Progress		
Long Term Goal (e.g. spanning 8-10 months)	Competency (may be chosen from the CBE DC Competencies)	Short Term Goals (in support of the long term goal)	Outcomes	Activities & Resources	Measures	November	January	June
To develop the skills for students to manage their screen time and support social and emotional development.	Balance– I balance time online and offline to promote positive mental, emotional and physical well-being	Increase knowledge and ability for students to track screen time and know how too much screen time impacts their well-being.	Increase student well-being measures and increase student awareness of screen time and strategies to set limits.	Wellness activities created by Learning Leaders directly related to technology. Personal Mobile Devices and Social Media in Schools Review resources: Digital Citizenship Insite Pages	CBE Student Survey (Spring 2025) – Outcome: I take care of myself by making sure I do not have too much screen time Agreement Overall, 48% by grade: Grade 5 56% Grade 6 58%			

				Student tracking or recording of screen time.	Grade 8 50% Grade 9 38%			
		Students will understand the physical and emotional effects of long-term technology overuse	Students will identify physical and mental signs/symptoms that necessitate a break from technology	Wellness activities created by Learning Leaders implemented in this block. Personal Mobile Devices and Social Media in Schools	Students are able to reflect and articulate their well-being related to their technology use School based measure			
Learners will self-monitor technology use considering respect for others and personal wellbeing	Respect – I treat others with the same respect online as I would face-to-face	Students will understand that there are strategies to use to solve conflicts and recognize when they require support with an online situation.	Students can identify strategies for conflict resolution and explain how to get support with an online situation if needed.	Wellness block activities and resources created by Learning Leader. Tracking of student responses ongoing in alignment with school global measures found in CBE Student Survey.	CBE Student Survey (Spring 2025) Outcome: I Treat people with the same respect online as I would face-to-face Agreement Overall, 81% Grade 5 93% Grade 6 84% Grade 8 74% Grade 9 78% Outcome: I ask for help when I need it Agreement Overall 80%			

		Students will understand that there are strategies to use when relationships are no longer positive	Students can identify signs that an online relationship is no longer positive and describe strategies to address it.	Wellness block activities and resources created by Learning Leader. Tracking of student responses ongoing in alignment with school global measures found in CBE Student Survey.	CBE Student Survey (Spring 2025): Outcome: If a relationship is no longer positive, I know what strategies I can use to address it. Agreement Overall 69% Grade 5 72% Grade 6 69% Grade 8 66% Grade 9 71%			
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Next Steps & Focuses for the Coming School Year

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